



NHS Test and Trace

working with councils across
Cambridgeshire and Peterborough



Councils across Cambridgeshire and Peterborough are running a locally enhanced contact tracing service in partnership with the national NHS Test and Trace programme.

This is to make it as easy as possible for people in Cambridgeshire and Peterborough to be supported to self-isolate and not pass the virus on to others if they have tested positive for COVID-19.

The more people we can trace who have the virus, or have been in close contact with people who have it, the better we can limit the spread of the virus in our communities. This helps keep your friends and family safe and will mean a faster return to normal life.

? Why have we visited your home today?

Council officers have visited you today because the national Test and Trace programme has told us you have tested positive for COVID-19.

Both the council and the national service have tried calling you, but because we couldn't reach you we are now trying to make contact with you in person.

Your details and all the information you have provided will remain confidential and will only be shared with the national contact tracing service to stop the spread of the infection.

The council is experienced in tracing people who come into contact with all sorts of infectious diseases and regularly carries out this sort of work. For example, we will contact people who've eaten somewhere where there is a food poisoning outbreak.



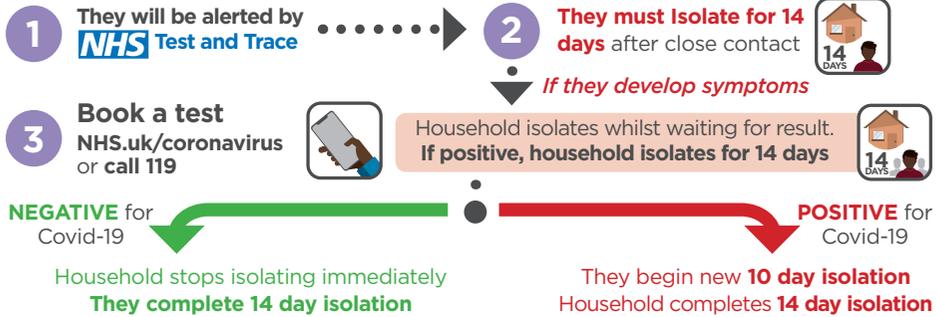
For updates and the latest advice please visit www.gov.uk, www.cambridgeshire.gov.uk and www.peterborough.gov.uk which are regularly updated



? If I pass on details of who I have been in close contact with, what will happen to them?

The details that you pass on will remain confidential and will only be used to help us contact people to help stop the virus spreading.

What happens next



? Where do I get help if I have to self-isolate?

For many people, being told to self-isolate immediately and for up to two weeks may be difficult.

It's vital that everyone who has the virus or has been in close contact with someone who has it, is able to self-isolate without worrying about practical things like paying essential household bills, or getting food or medicine, Help is available.

! If you need help to self-isolate, please contact the Cambridgeshire and Peterborough Coordination Hub on 0345 045 5219

? How to prevent others from getting COVID-19

It is important that you and the people you live with self-isolate if you have tested positive for COVID-19 – you, for 10 days, and your household for 14 days.

Please encourage everyone you live with, as well as friends, family and others to follow the public health guidance to protect themselves from COVID-19.



For more information about NHS Test and Trace, to access help and support or for updates and advice, visit www.cambridgeshire.gov.uk www.peterborough.gov.uk and www.gov.uk